

Document Title:

Food Menu

Effective Date: 01.03.2020

Document Code: HVCS/FSMS/IS/0095

School Food Menu						
1st Week						
B R E A K F A S T	Monday	Tuesday	Wednesday	Thursday	Friday	
	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	
	Zattar Manakeesh	Nutella Pancake	Fajita Sandwich	Egg Omlet Sandwich	Scrambled egg Wrap	
	Plain Waffle	Mini Pizza	Zattar & Cheese Manakeesh	Pancake	Kraft Manakeesh	
	Kraft Manakeesh	Chicken Club Sandwich	Kraft Manakeesh	Zattar Manakeesh	Margharitta	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	
	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	
	Popcorn	Popcorn	Popcorn	Popcorn	Popcorn	
	Monday	Tuesday	Wednesday	Thursday	Friday	
	Tabouleh salad	Greek Salad	Cut Fruits	Rocca Salad		
L U N C H	Shish Towk	Butter Chicken	Chicken Biriyani	Lamb Kofta		
	Veg Pizza	Grill Chicken Pizza	Pizza margheritta	Veg Pizza		
	Roasted Potato Wedges	Sweet Corn	Potato ball With Cheese	Potato Cubes		
	Cream & Tomato Sauce Pasta	Spaghetti Bolognese	Italian Tomato	Meat Lasagne		

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2nd Week						
	Monday	Tuesday	Wednesday	Thursday	Friday	
	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	
В	Oats Cookies	Nutella Waffle	Mini Veg Pizza	Scrambled Egg Sandwich	Chicken Mayo Sandwich	
R E	Mini Kraft Manakeesh	Mini Zattar Manakeesh	Strawberry Croissant	Waffle	Croissant	
A K	Egg Sandwich	Samoon Sandwich	Kraft Manakeesh	Zattar Manakeesh	Margharitta	
F A	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
S T	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	
	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	
	Popcorn	Popcorn	Popcorn	Popcorn	Popcorn	
	Monday	Tuesday	Wednesday	Thursday	Friday	
	Fattoush salad	Chicken Ceasar Salad	Cut Fruits	Coleslaw Salad		
L U	Chicken Uzzi	Beef Okra	Chicken Kofta	Chicken Majboos		
N C	Veg Pizza	Grill Chicken Pizza	Pizza margheritta	Veg Pizza		
н	Roasted Potato Wedges	Sweet Corn	Potato ball With Cheese	Potato Cubes		
	Cream & Tomato Sauce Pasta	Spaghetti Bolognese	Italian Tomato	Meat Lasagne		

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3rd Week							
B R E A K F A S T	Monday	Tuesday	Wednesday	Thursday	Friday		
	Cheese Manakeesh	Zattar Manakeesh	Cheese Manakeesh	Kraft Manakeesh	Cheese Manakeesh		
	Cinnabon	Waffle	Pancake	Croissant	Oats Cookies		
	Chicken Sandwich	Cheese Quessadilla	Egg Sandwich	Falafel Sandwich	Avocado Toast with egg		
	Dates Maamoul	Club Sandwich	Oats Cookies	Waffle	Cheese Croissant		
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		
	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk		
	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes		
	Popcorn	Popcorn	Popcorn	Popcorn	Popcorn		
	Monday	Tuesday	Wednesday	Thursday	Friday		
	Quinoa salad	Greek Salad	Cut Fruits	Tabouleh Salad			
L U N C H	Chicken Potato	Chicken Mandi	Butter Chicken	Beef Okra			
	Veg Pizza	Grill Chicken Pizza	Pizza margheritta	Veg Pizza			
	Roasted Potato Wedges	Sweet Corn	Potato ball With Cheese	Potato Cubes			
	Cream & Tomato Sauce Pasta	Spaghetti Bolognese	Italian Tomato	Meat Lasagne			

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School Food Menu								
	4th Week							
B R E A K F A S	Monday	Tuesday	Wednesday	Thursday	Friday			
	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh	Cheese Manakeesh			
	Croissant	Scrambled Egg Sandwich	Croissant	Omlet Burger	Mini Pizza			
	Nutella Pancake	Waffle	Fajita Sandwich	Zattar Manakeesh	Dates Maamoul			
	Chicken Mayo Sandwich	Oats Cookies	Cinnabon	Chicken Puff	Chicken Club Sandwich			
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit			
	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk			
	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes	Choco/Corn Flakes			
	Popcorn	Popcorn	Popcorn	Popcorn	Popcorn			
	Monday	Tuesday	Wednesday	Thursday	Friday			
	Tabouleh salad	Fattoush Salad	Cut Fruits	Rocca Salad				
L U N C H	Chicken Kofta	Chicken Kabsa	Shish Towk	Chicken Biriyani				
	Veg Pizza	Grill Chicken Pizza	Pizza margheritta	Veg Pizza				
	Roasted Potato Wedges	Sweet Corn	Potato ball With Cheese	Potato Cubes				
	Cream & Tomato Sauce Pasta	Spaghetti Bolognese	Italian Tomato	Meat Lasagne				

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